



TRAILBLAZER “PEP” SQUAD

VOLUME 3, ISSUE 1

FALL 2009

Arkansas State University-Mountain Home

Special Dates to Remember:

- *First Security Amphitheatre Dedication, Sept. 21*
- *Annual Fund Phone-A-Thon, Sept. 21*
- *Gaston Lecture Series Presents The Buffalo Flows, Sept. 22*
- *Hot Air Balloon Celebration, Oct. 3*

Star Award Presented at Luncheon

On August 14 during the “PEP” Squad’s volunteer appreciation luncheon, Jessica Shelby was honored with the “Star Award” for accumulating the most number of volunteer hours this past year. Jessica is a regular fixture at ASUMH, working nearly every Wednesday of the school year.

At the luncheon, volunteers heard from volunteer coordinator Whitney Rodgers about upcoming events and from Carol Gresham who shared her vision for the growth of the program. Gresham began the volunteer program when she joined the university as Vice Chancellor for Development and has watched the program grow over the last two years into an integral part of the ASUMH family.

The luncheon allowed volunteers to meet each other and to share experiences from the past year. New volunteers were welcomed and each received a ‘pat on the back’ from Chancellor Ed Coulter. According to Coulter, the “PEP” Squad saved the university over \$25,000 last year, thanks to their service and hard work!

A Message From the Chancellor

It’s a great day to be Chancellor of Arkansas State University—Mountain Home! As we prepare to dedicate the First Security Amphitheatre at the Vada Sheid Community Development Center on September 21, I am overwhelmed with joy at seeing our greatest dreams realized. We are working to complete Phase II of construction on this new building, and with a momentum like the one we have going, seeing this dream become a reality is only a step away. Join us at 1:00 on September 21 and celebrate with the ASUMH family at the new Vada Sheid Community Development Center.

We celebrate another achievement this semester with an all-time record enrollment! When the campus was designed, it was with a goal of 1,500 students in mind. Today, our classrooms and parking lots are bulging with 1,517 students who are taking more classes than ever before. The growth is amazing and a testament to the great things going on at ASUMH. Thank you for being such an important part of the greatness we share here!



Jessica Shelby receives Star Award at Volunteer Appreciation Luncheon



Warren Haley and Cheri Hopper



Carol Gresham, Vice Chancellor for Development

We are reaching many milestones at ASUMH with record enrollment this semester, continued progress on the construction of the Vada Sheid Community Development Center, and the beginning of our fifteenth year of providing a quality education in the Twin Lakes Area.

What an incredible time to be a part of the family of ASUMH. As you heard at our “PEP” Squad volunteer appreciation luncheon, we count on you as members of our family. Your hard work and dedication to the students we serve makes you an integral member of our team. We hope you experience joy as you help students navigate their way around campus, as you assist in tasks both big and small, and in seeing lives being changed through the opportunities that a community college like ASUMH can provide.

You are an important part of our family. As we reach new milestones in the life of ASUMH, know that you are helping us achieve each of them.

Cmg

Study Shows Health Benefits of Volunteering

There is an old saying, “those who give of themselves also receive.” At a recent volunteer appreciation luncheon held at ASUMH, one of our volunteers said she spent time on campus to “stay young.” What she said is often backed up in research that shows a lower rate of mortality for those who volunteer their time and give of themselves. Volunteering provides a sense of accomplishment and a sense of completeness. When you volunteer at ASUMH, you also find that you are a part of the work of the college to **Create Opportunities and Change Lives**. Nothing feels as good as making a difference in the life of a student.

Research further shows that those who volunteer 100 hours a year have lower levels of depression than those who do not volunteer and a greater sense of purpose in their lives. Come spend time on our campus and volunteer this year. We promise that the rewards will be great and the health benefits will help you “stay young!”

NOTES FROM WHITNEY RODGERS

Hello everyone and welcome back! I would like to thank each of you for your participation in the “PEP” Squad this past year and encourage you to stay involved with us. This is going to be an exciting semester and we have lots of opportunities for you to be a part of the excitement. The campus is growing, and with that growth, volunteers are becoming more and more important. Pull out your calendars and see if you can join us at one of the following events. Call me at 508-6214 and I’ll give you details or sign you up!

Baxter County Fair Booth Promoting ASUMH—September 17 & 19

ASUMH Phone-A-Thon—September 21

Kids Bash Trunk or Treat at ASUMH—October 29

Departments requesting regular, weekly volunteers for the semester:

Nursing Department—Monday from 10:00 until Noon

Business Department—Wednesday from 9:00 until Noon

I look forward to working with you again this year. Let me know how I can help you!



Carol Gresham, Vice Chancellor for Development



Wilma Jackson and Doedy Trammell



Carolyn Griffith and Betty Jo Atkinson



Whitney Rodgers and Ed Coulter